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## MEDIA RELEASE

### Gold Coast Netballers learn from the best this weekend Queensland Firebirds – ANZ Fire Up! Clinic

The Gold Coast will play host to a much anticipated ANZ Fire Up! Clinic hosted by the Queensland Firebirds this coming weekend.

**Alissa Castrisos, Laura Scherian, Sarah Wall and Amy Steel** will teach the group of young netballers training tips and match play skills as well as giving them the chance to interact with the best the sport has to offer.

Firebird's shooter Alissa Castrisos said the ANZ Fire Up! Clinic would give the team a chance to interact with their Gold Coast fans preparing them for the Firebirds' opening round on the Gold Coast against the NSW Swifts next month.

"There are so many keen young netballers on the Gold Coast and the ANZ Fire Up! Clinic gives them a chance to hone their skills while having fun with friends," Castrisos said.

"With our first home match being played at the Gold Coast Convention & Exhibition Centre on March 21, it's great to get down there a bit more and interact with the local netballers."

"We hope all our Gold Coast fans are there to cheer us on against our rivals from across the border - the NSW Swifts, next month."

The ANZ Fire Up! Clinic will be held at Carrara Indoor Stadium on **Sunday February 28** from **9am to 11am**.

Applications to the clinic are open to anybody aged 10 to 14 years and can be found by visiting the Queensland Firebirds website – [www.firebirds.net.au](http://www.firebirds.net.au)

#### Media enquiries:

Stacey Grims

07 3848 6330 ext.15/ 0439 779 069

[Stacey.grims@netballq.org.au](mailto:Stacey.grims@netballq.org.au)

